LEBANON HIGH SCHOOL

JAN 30 – FEB 3 LUNCH MENU

	MON	TUES	WED	THURS	FRI
CENTER PLATE	MADE TO ORDER SALAD BAR WITH SWEET HAWAIIAN ROLL	POPCORN CHICKEN BOWL WITH ROLL	CELEBRATE CAME DAY BEEER & CHEESE BEDER DE CHEESE BEDER CHEESE BEDER CHEESE BEDER CHEESE	CHICKEN TENDER BASKET	FISH STICKS WITH MAC & CHEESE
TORTILLA	MADE TO ORDER	MADE TO ORDER	MADE TO ORDER	MADE TO ORDER	MADE TO ORDER
	NACHOS, TACOS,	NACHOS, TACOS,	NACHOS, TACOS,	NACHOS, TACOS,	NACHOS, TACOS,
	OR RICE BOWLS	OR RICE BOWLS	OR RICE BOWLS	OR RICE BOWLS	OR RICE BOWLS
PIZZA	CHEESE,	CHEESE OR	CHEESE OR	CHEESE OR	CHEESE OR
	PEPPERONI,	PEPPERONI,	PEPPERONI,	PEPPERONI,	PEPPERONI,
	VEGGIE	BUFFALO CHICKEN	VEGGIE	BUFFALO CHICKEN	VEGGIE
	PASTA BAR	PASTA BAR	PASTA BAR	PASTA BAR	PASTA BAR
GRILL	CHEESEBURGER,	CHEESEBURGER,	CHEESEBURGER,	CHEESEBURGER,	CHEESEBURGER,
	CHICKEN FILET OR	CHICKEN FILET OR	CHICKEN FILET OR	CHICKEN FILET OR	CHICKEN FILET OR
	SPICY CHICKEN	SPICY CHICKEN	SPICY CHICKEN	SPICY CHICKEN	SPICY CHICKEN
EXPRESS	CHICKEN &	CHICKEN &	CHICKEN &	CHICKEN &	CHICKEN &
	CHEESE SALAD	CHEESE SALAD	CHEESE SALAD	CHEESE SALAD	CHEESE SALAD
	WITH ROLL,	WITH ROLL,	WITH ROLL,	WITH ROLL,	WITH ROLL,
	TURKEY OR HAM &	TURKEY OR HAM &	TURKEY OR HAM &	TURKEY OR HAM &	TURKEY OR HAM &
	CHEESE SUB,	CHEESE SUB,	CHEESE SUB,	CHEESE SUB,	CHEESE SUB,
	CHICKEN WRAP	CHICKEN WRAP	CHICKEN WRAP	CHICKEN WRAP	CHICKEN WRAP
FRUIT, VEGGIE & MILK	GREEN BEANS, FRESH BROCCOLI, TATOR TOTS	MIX VEG, RED PEPPERS, FRENCH FRIES	STEAMED BROCCOLI, CUCUMBER, TATOR TOTS	CAMPFIRE BEANS, CAULIFLOWER, FRENCH FRIES	SWEET CORN, BABY CARROTS, TATOR TOTS
	APPLE SLICES,	BANANA,	STRAWBERRIES,	ORANGE WEDGES,	FRUIT CUP,
	MIXED FRUIT,	PEACHES,	APPLESAUCE,	PEARS,	PUDDING,
	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE
	1% OR LOW FAT	1% OR LOW FAT	1% OR LOW FAT	1% OR LOW FAT	1% OR LOW FAT
	FLAVORED MILK	FLAVORED MILK	FLAVORED MILK	FLAVORED MILK	FLAVORED MILK





FEB 6-10 LUNCH MENU

	MON	TUES	WED	THURS	FRI
CENTER PLATE	THREE CHEESE MELT WITH TOMATO SOUP	BEEF NACHO TATER TOT BOWL	BAKED POTATO WITH BROCCOLI & CHEESE WITH SOFT PRETZEL	ASIAN CHICKEN & DUMPLINGS	HANG TIME TENDER BASKET
TORTILLA	MADE TO ORDER NACHOS, TACOS, OR RICE BOWLS	MADE TO ORDER NACHOS, TACOS, OR RICE BOWLS	MADE TO ORDER NACHOS, TACOS, OR RICE BOWLS	MADE TO ORDER NACHOS, TACOS, OR RICE BOWLS	MADE TO ORDER NACHOS, TACOS, OR RICE BOWLS
PIZZA	CHEESE, PEPPERONI, VEGGIE	CHEESE OR PEPPERONI, BUFFALO CHICKEN	CHEESE OR PEPPERONI, VEGGIE	CHEESE OR PEPPERONI, BUFFALO CHICKEN	CHEESE OR PEPPERONI, VEGGIE
	PASTA BAR	PASTA BAR	PASTA BAR	PASTA BAR	PASTA BAR
GRILL	CHEESEBURGER, CHICKEN FILET OR SPICY CHICKEN	CHEESEBURGER, CHICKEN FILET OR SPICY CHICKEN	CHEESEBURGER, CHICKEN FILET OR SPICY CHICKEN	CHEESEBURGER, CHICKEN FILET OR SPICY CHICKEN	CHEESEBURGER, CHICKEN FILET OR SPICY CHICKEN
EXPRESS	BUFFALO CHICKEN SALAD WITH ROLL, TURKEY OR HAM & CHEESE SUB, CHICKEN WRAP	BUFFALO CHICKEN SALAD WITH ROLL, TURKEY OR HAM & CHEESE SUB, CHICKEN WRAP	BUFFALO CHICKEN SALAD WITH ROLL, TURKEY OR HAM & CHEESE SUB, CHICKEN WRAP	BUFFALO CHICKEN SALAD WITH ROLL, TURKEY OR HAM & CHEESE SUB, CHICKEN WRAP	BUFFALO CHICKEN SALAD WITH ROLL, TURKEY OR HAM & CHEESE SUB, CHICKEN WRAP
FRUIT, VEGGIE & MILK	GREEN BEANS, CELERY, TATOR TOTS APPLE SLICES, MIXED FRUIT, 100% FRUIT JUICE 1% OR LOW FAT FLAVORED MILK	MIX VEG, RED PEPPERS, FRENCH FRIES BANANA, PEACHES, 100% FRUIT JUICE 1% OR LOW FAT FLAVORED MILK	BAKED BEANS, CUCUMBER, TATOR TOTS STRAWBERRIES, APPLESAUCE, 100% FRUIT JUICE 1% OR LOW FAT FLAVORED MILK	STEAMED CARROTS, SPINACH SALAD, FRENCH FRIES ORANGE WEDGES, PEARS, 100% FRUIT JUICE 1% OR LOW FAT FLAVORED MILK	MASHED POTATOES, BABY CARROTS, TATOR TOTS FRUIT CUP, PUDDING, 100% FRUIT JUICE 1% OR LOW FAT FLAVORED MILK



LEBANON HIGH SCHOOL

FEB 13-17 LUNCH MENU

	MON	VALENTINE'S DAY	WED	THURS	FRI
CENTER PLATE	COUNTRY STEAK WITH BISCUIT STICK	EGG & SAUSAGE SCRAMBLE WITH WAFFLE	KICKIN CHICKEN CAULIFLOWER FRIES WITH ROLL	GENERAL TSO'S CHICKEN & VEGETABLES WITH RICE	LOADED TATER TOT CHICKEN BOWL
TORTILLA	MADE TO ORDER	MADE TO ORDER	MADE TO ORDER	MADE TO ORDER	MADE TO ORDER
	NACHOS, TACOS,	NACHOS, TACOS,	NACHOS, TACOS,	NACHOS, TACOS,	NACHOS, TACOS,
	OR RICE BOWLS	OR RICE BOWLS	OR RICE BOWLS	OR RICE BOWLS	OR RICE BOWLS
PIZZA	CHEESE,	CHEESE OR	CHEESE OR	CHEESE OR	CHEESE OR
	PEPPERONI,	PEPPERONI,	PEPPERONI,	PEPPERONI,	PEPPERONI,
	VEGGIE	BUFFALO CHICKEN	VEGGIE	BUFFALO CHICKEN	VEGGIE
	PASTA BAR	PASTA BAR	PASTA BAR	PASTA BAR	PASTA BAR
GRILL	CHEESEBURGER,	CHEESEBURGER,	CHEESEBURGER,	CHEESEBURGER,	CHEESEBURGER,
	CHICKEN FILET OR	CHICKEN FILET OR	CHICKEN FILET OR	CHICKEN FILET OR	CHICKEN FILET OR
	SPICY CHICKEN	SPICY CHICKEN	SPICY CHICKEN	SPICY CHICKEN	SPICY CHICKEN
EXPRESS	MUFFIN, CHEESE &	MUFFIN, CHEESE &	MUFFIN, CHEESE &	MUFFIN, CHEESE &	MUFFIN, CHEESE &
	YOGURT PACK,	YOGURT PACK,	YOGURT PACK,	YOGURT PACK,	YOGURT PACK,
	TURKEY OR HAM &	TURKEY OR HAM &	TURKEY OR HAM &	TURKEY OR HAM &	TURKEY OR HAM &
	CHEESE SUB,	CHEESE SUB,	CHEESE SUB,	CHEESE SUB,	CHEESE SUB,
	CHICKEN WRAP	CHICKEN WRAP	CHICKEN WRAP	CHICKEN WRAP	CHICKEN WRAP
FRUIT, VEGGIE & MILK	MASHED POTATOES, FRESH BROCCOLI, TATOR TOTS	STEAMED CARROTS, RED PEPPERS, FRENCH FRIES	BAKED BEANS, CUCUMBER, TATOR TOTS	STEAMED BROCCOLI, CHERRY TOMATOES, FRENCH FRIES	SWEET CORN, BABY CARROTS, TATOR TOTS
	APPLE SLICES,	STRAWBERRIES &	STRAWBERRIES,	ORANGE WEDGES,	FRUIT CUP,
	MIXED FRUIT,	WHIPPED CREAM	APPLESAUCE,	PEARS,	PUDDING,
	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE	100% FRUIT JUICE
	1% OR LOW FAT	1% OR LOW FAT	1% OR LOW FAT	1% OR LOW FAT	1% OR LOW FAT
	FLAVORED MILK	FLAVORED MILK	FLAVORED MILK	FLAVORED MILK	FLAVORED MILK





FEB 20-24 LUNCH MENU

	MON	TUES	WED	THURS	FRI
CENTER PLATE	No School!	CHILI GARLIC POPCORN CHICKEN WITH LO MEIN	HAM & CHEESE MELT	PULLED PORK SANDWICH WITH COLE SLAW	KICKIN CHICKEN BUFFALO FRIES WITH HAWAIIAN ROLL
TORTILLA		MADE TO ORDER NACHOS, TACOS, OR RICE BOWLS	MADE TO ORDER NACHOS, TACOS, OR RICE BOWLS	MADE TO ORDER NACHOS, TACOS, OR RICE BOWLS	MADE TO ORDER NACHOS, TACOS, OR RICE BOWLS
PIZZA		CHEESE OR PEPPERONI, BUFFALO CHICKEN PASTA BAR	CHEESE OR PEPPERONI, VEGGIE PASTA BAR	CHEESE OR PEPPERONI, BUFFALO CHICKEN PASTA BAR	CHEESE OR PEPPERONI, VEGGIE PASTA BAR
GRILL		CHEESEBURGER, CHICKEN FILET OR SPICY CHICKEN	CHEESEBURGER, CHICKEN FILET OR SPICY CHICKEN	CHEESEBURGER, CHICKEN FILET OR SPICY CHICKEN	CHEESEBURGER, CHICKEN FILET OR SPICY CHICKEN
EXPRESS		RANCH CHICKEN SALAD WITH ROLL, CHICKEN SALAD SUB,	RANCH CHICKEN SALAD WITH ROLL, CHICKEN SALAD SUB,	RANCH CHICKEN SALAD WITH ROLL, CHICKEN SALAD SUB,	RANCH CHICKEN SALAD WITH ROLL, CHICKEN SALAD SUB,
FRUIT, VEGGIE & MILK		MIX VEG, GREEN PEPPERS, FRENCH FRIES BANANA, PEACHES, 100% FRUIT JUICE 1% OR LOW FAT FLAVORED MILK	STEAMED PEAS, CUCUMBER, TATOR TOTS STRAWBERRIES, APPLESAUCE, 100% FRUIT JUICE 1% OR LOW FAT FLAVORED MILK	3 BEAN SALAD, CHERRY TOMATOES, FRENCH FRIES ORANGE WEDGES, PEARS, 100% FRUIT JUICE 1% OR LOW FAT FLAVORED MILK	SWEET CORN, BABY CARROTS, TATOR TOTS FRUIT CUP, PUDDING, 100% FRUIT JUICE 1% OR LOW FAT FLAVORED MILK







FEB 27 – MAR 3 LUNCH MENU

	MON	TUES	WED	THURS	FRI
CENTER PLATE	BREADED CHICKEN DRUMSTICK WITH BISCUIT STICK	MAC & CHEESE BURGER	SWEET & SOUR CHICKEN WITH RICE	CHEESEY EGGS WITH FRENCH TOAST STICKS	HONEY MUSTARD BREADED CHICKEN MELT
TORTILLA	MADE TO ORDER NACHOS, TACOS, OR RICE BOWLS	MADE TO ORDER NACHOS, TACOS, OR RICE BOWLS	MADE TO ORDER NACHOS, TACOS, OR RICE BOWLS	MADE TO ORDER NACHOS, TACOS, OR RICE BOWLS	MADE TO ORDER NACHOS, TACOS, OR RICE BOWLS
PIZZA	CHEESE, PEPPERONI, VEGGIE	CHEESE OR PEPPERONI, BUFFALO CHICKEN	CHEESE OR PEPPERONI, VEGGIE	CHEESE OR PEPPERONI, BUFFALO CHICKEN	CHEESE OR PEPPERONI, VEGGIE
	PASTA BAR	PASTA BAR	PASTA BAR	PASTA BAR	PASTA BAR
GRILL	CHEESEBURGER, CHICKEN FILET OR SPICY CHICKEN	CHEESEBURGER, CHICKEN FILET OR SPICY CHICKEN	CHEESEBURGER, CHICKEN FILET OR SPICY CHICKEN	CHEESEBURGER, CHICKEN FILET OR SPICY CHICKEN	CHEESEBURGER, CHICKEN FILET OR SPICY CHICKEN
EXPRESS	HAM CHEF SALAD WITH ROLL, TURKEY OR HAM & CHEESE SUB, CHICKEN WRAP	HAM CHEF SALAD WITH ROLL, TURKEY OR HAM & CHEESE SUB, CHICKEN WRAP	HAM CHEF SALAD WITH ROLL, TURKEY OR HAM & CHEESE SUB, CHICKEN WRAP	HAM CHEF SALAD WITH ROLL, TURKEY OR HAM & CHEESE SUB, CHICKEN WRAP	HAM CHEF SALAD WITH ROLL, TURKEY OR HAM & CHEESE SUB, CHICKEN WRAP
FRUIT, VEGGIE & MILK	GREEN BEANS, FRESH BROCCOLI, TATOR TOTS APPLE SLICES, MIXED FRUIT, 100% FRUIT JUICE 1% OR LOW FAT FLAVORED MILK	STEAMED CARROTS, RED PEPPERS, FRENCH FRIES BANANA, PEACHES, 100% FRUIT JUICE 1% OR LOW FAT FLAVORED MILK	STEAMED BROCCOLI, CUCUMBER, TATOR TOTS STRAWBERRIES, APPLESAUCE, 100% FRUIT JUICE 1% OR LOW FAT FLAVORED MILK	BAKED BEANS, CHERRY TOMATOES, FRENCH FRIES ORANGE WEDGES, PEARS, 100% FRUIT JUICE 1% OR LOW FAT FLAVORED MILK	SWEET CORN, BABY CARROTS, TATOR TOTS FRUIT CUP, PUDDING, 100% FRUIT JUICE 1% OR LOW FAT FLAVORED MILK

