

EXPRESS

LEBANON HIGH SCHOOL

BREAKFAST MENU

WHAT COMES WITH A MEAL?

- Choice of Entrée Item:
 - o Featured Hot Entrée OR
 - o Daily 'Pick 2' Items Entrée
- 1 Cup of Fruit limit 4oz Fruit Juice
- · Choice of Milk

(Must choose at least ½ cup fruit or veg to make it a meal)

	MON		TUES		WED		THURS		FRI
EGG & CHEESE BISCUIT		BACON, EGG & CHEESE ENGLISH MUFFIN		SAUSAGE & CHEESE BISCUIT		BACON, EGG, & CHEESE BAGEL		BISCUIT & SAUSAGE GRAVY	
F	RENCH TOAST STICKS		FRUDEL	CI	INNAMON ROLL		CHOCOLATE CRESCENT	P	ANCAKE BITES

DONUTS, BREAKFAST PIZZA OR PANCAKE WRAP SERVED DAILY

DAILY PICK TWO: CEREAL BOWL, GRANOLA BAR, MUFFIN, POP TART, GRAHAMS, CRACKERS, CHEESE STICK, YOGURT

DAILY FRUIT: WHOLE FRESH, ASSORTED FRUIT CUPS, 100% FRUIT JUICE - DAILY MILK: 1% OR LOW FAT FLAVORED



Skip breakfast?

Second chance during passing period! Not hungry now?

remailingly now.

Save for a snack later!

TIGER CROSSING CAFE

COMING SOON!

ICED COFFEE SMOOTHIES

FRESH FRUIT CUPS



TIGER TOWN

TBD!

