the tines

Lebanon Middle School

Leband refresh. refuel. relax.

MAY 2023 MENU

Salisbury Steak with Roll & Gravy, Chicken Patty Sandwich

Mashed Potatoes w/ Gravy, Red Peppers, Fresh Apple, Diced Pears Orange Chicken With Rice, Cheeseburger

> Mixed Veggies, Fresh Spinach, Fresh Grapes Applesauce Carnival Cookie

Chicken Enchiladas w/ Santa Fe Rice, Chicken Tenders w/ Goldfish Crackers

> Seasoned Corn, Fresh Broccoli, Fresh Apple Slices, Mixed Fruit

Grilled Cheese with Tomato Soup, Hot Dog

> Baked Beans, Baby Carrots, Fresh Orange, Diced Peaches

Fish Patty Melt with Cole Slaw, Spicy Chicken Sandwich

> Steamed Broccoli, Sliced Cucumber, Fresh Banana, Mixed Berry Cup

8

Breaded Chicken Drumstick with Biscuit Stick, Chicken Patty Sandwich

Baked Beans, Fresh Broccoli, Fresh Apple, Diced Pears 9

Spaghetti & Meatballs with Breadstick, Mac & Cheese Burger

Roasted Veggies, Red Peppers, Fresh Grapes, Applesauce Chocolate Chip Cookie Asian Chicken
Dumplings & Rice,
Chicken Tenders
w/ Goldfish Crackers

Green Beans, Sliced Cucumber, Fresh Apple Slices, Mixed Fruit French Toast Sticks with Sausage, Hot Dog,

Tater Tots, Romaine Salad, Fresh Orange, Diced Peaches Meatball Pizza Sub Or Spicy Chicken Sandwich,

Seasoned Corn, Baby Carrots, Fresh Banana, Mixed Berry Cup

15

Fish Sticks with Mac & Cheese, Chicken Patty Sandwich

Waffle Fries, Fresh Spinach, Fresh Apple, Diced Pears 16

Chicken Country Bowl with Biscuit, Corn Dog

Seasoned Corn, Sliced Cucumber, Fresh Grapes, Rosy Applesauce 17

10

Jumbo Ravioli with Breadstick, Chicken Tenders w/ Goldfish Crackers

Green Beans, Red Peppers, Fresh Apple Slices, Mixed Fruit Chicken & Cheese
Quesadilla,
Mozzarella Cheese Sticks

Campfire Beans, Romaine Salad, Fresh Orange, Diced Peaches Vanilla Pudding Cajun Chili Fries

with Roll, Spicy Chicken Sandwich

Steamed Green Peas, Baby Carrots, Fresh Banana, Mixed Berry Cup

22

29

Chicken Alfredo with Garlic Breadstick, Chicken Patty Sandwich

> Green Beans, Fresh Broccoli, Fresh Apple, Diced Pears

23

Cook's Choice

Mexicali Corn, Fresh Cauliflower, Fresh Grapes, Applesauce Chocolate Chip Cookie 24

Have a GREAT SUMMER!

25

26

30

31

This institution is an equal opportunity provider. Menus are subject to change without notice.

Breakfast Prices

Paid: \$1.50

Reduced: \$0.30

Lunch Prices

Paid: \$3.10

Reduced: \$0.40

Express Meals:

Pizzable Pack; Deli Sandwich & Chip; Muffin, Goldfish Crackers, Cheese & Yogurt Pack Available Daily:

- Cheese or Pepperoni Pizza, Nachos, PBJ, Salads
- 100% Fruit Juice
- Milk: Skim. 1% White & 1% Chocolate

USDA meal programs for children operate all summer! To find the nearest summer meal site, call 211 or text 'Summer Meals' (English) or 'Verano' (Spanish) to 914-342-7744. Households in need of assistance any time of the year can call the USDA National Hunger Hotline at 866-3-HUNGRY to speak with a representative who will find resources, such as summer meal sites, food banks, and other nearby social services.



