

APRIL 2023

DAILY BREAKFAST: Choose breakfast entrée or cereal with grahams, crackers, or cheese stick.

*STOKES BREAKFAST IN THE CLASSROOM MENU MAY VARY

*Don't forget your fruit/veg to make it a meal!

ACE'S CORNER

Breakfast Prices

Paid: \$1.35

Reduced: \$0.30

Lunch Prices

Paid: \$2.95

Reduced: \$0.40

Menus are subject to change

Vegetarian entrees are written in green

All salads can be made vegetarian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mini Maple Waffles 3 Breaded Chicken Drumstick with Biscuit Stick, Cheeseburger, Egg Chef Salad with Goldfish Crackers, PBJ Uncrustable Baked Beans, Fresh Broccoli, Diced Pears	Egg & Cheese English Muffin 4 Spaghetti & Meatballs with Breadstick, Hot Ham & Cheese Melt, Blueberry Muffin, Yogurt, Cheese stick & Goldfish Cracker Pack, PBJ Uncrustable Roasted Mixed Veggies, Red Peppers, Applesauce	Breakfast Pizza 5 French Toast Sticks with Sausage, Turkey & Cheese Flatbread, Egg Chef Salad with Goldfish Crackers, PBJ Uncrustable Tater Tots, Cucumber, Fresh Banana	Scooby Snack with Yogurt 6 Extreme Nachos, T. Hot Dog, Egg Chef Salad with Goldfish Crackers, PBJ Uncrustable Green Beans, Cherry Tomatoes, Peaches	Cinnamon Sugar Donut 7 Pepperoni or Cheese Pizza, Meatball Pizza Sub, Egg Chef Salad with Goldfish Crackers, PBJ Uncrustable Seasoned Corn, Baby Carrots, Mixed Fruit
Chocolate Muffin w/ Cheese Stick 10 Fish Sticks with Mac & Cheese, Cheeseburger, Turkey Chef Salad with Roll, PBJ Uncrustable Waffle Fries, Cherry Tomatoes, Diced Pears	Apple Frudel 11 Chicken Country Bowl with Biscuit, C. Corn Dog, Turkey & Cheese Sub, PBJ Uncrustable Seasoned Corn, Baby Carrots, Applesauce	Pancake Wrap Grilled Cheese with Bacon, Chicken Patty Sandwich, Turkey Chef Salad with Roll, PBJ Uncrustable, Green Beans, Fresh Spinach, Diced Peaches	Bagel & Cheese Pack 13 Chicken Quesadilla, Ham & Cheese Flatbread, Turkey Chef Salad with Roll, PBJ Uncrustable Campfire Beans, Romaine Lettuce, Fresh Orange Slices	Powdered Sugar Donut Holes 14 Pepperoni or Cheese Pizza, Mozzarella Cheese Sticks, Turkey Chef Salad with Roll, PBJ Uncrustable Steamed Green Peas, Red Peppers, Blue Raspberry Applesauce
Fudge Pop Tart & String Cheese 17 Chicken Penne Alfredo with Breadstick, Mini Corn Dogs, Chicken Baja Salad with Roll, PBJ Uncrustable Green Beans, Baby Carrots, Mixed Fruit or Orange Wedges	Pancake Wrap 18 Chili Cheese Crispito with Rice, Chicken Tenders with Roll, Flatbread Pepperoni Pizza Pack, PBJ Uncrustable, Mexicali Corn, Cherry Tomatoes, Fruit Mix	Breakfast Pizza 19 Broccoli & Cheese Baked Potato with Corn Bread Poppers, Cheeseburger, Chicken Baja Salad with Roll, PBJ Uncrustable, Steamed Broccoli, Fresh Cauliflower, Diced Peaches	Pancake Bites 20 Chicken Tacos, Mozzarella Cheese Crunchers, Chicken Baja Salad with Roll, PBJ Uncrustable Campfire Beans, Cucumber Slices, Rosy Applesauce	Cinnamon Sugar Donut 21 Pepperoni or Cheese Pizza, Chicken Ranch Club Flatbread, Chicken Baja Salad with Roll, PBJ Uncrustable Tater Tots, Red Peppers, Strawberries DIRT PUDDING April 22 ND is Earth Day!
Banana Chocolate Breakfast Bar 24 Country Fried Steak with Gravy & Biscuit, T. Hot Dog, Chicken Nacho Salad, PBJ Uncrustable Mashed Potatoes & Gravy, Cherry Tomatoes, Mixed Fruit	Sausage & Cheese Bagel 25 Cinnamon Roll with Cheesy Eggs, Chicken Patty Sandwich, Chocolate Muffin, Yogurt, Cheese Stick & Goldfish Pack, PBJ Uncrustable Tater Tots, Fresh Broccoli, Diced Pears	Pancake Wrap 26 Philly Cheesesteak, Chicken Tenders with Breadstick, Chicken Nacho Salad, PBJ Uncrustable Baked Beans, Celery Sticks, Peaches	Yogurt with Elf Grahams 27 Extreme Nachos, Cheeseburger, Chicken Nacho Salad, PBJ Uncrustable Steamed Carrots, Romaine Salad, Applesauce, Carnival Cookie	Cinnamon Sugar Donut Holes 28 Pepperoni or Cheese Pizza, Bosco Cheese Sticks, Chicken Nacho Salad, PBJ Uncrustable Steamed Broccoli, Baby Carrots, Fruit Cherry Cup
				

SWEET TARTS

Apricots are part of the rose (rosaceae) family, which explains why they smell so sweet. These tangy, succulent fruits are nutrient powerhouses—chock full of vitamins A and C, fiber, iron, antioxidants, and calcium. They are also one of the few fruit that possesses nearly all of the minerals necessary for bone growth. These drupes, similar to small peaches with their yellowy orange, sometimes velvety skin, are versatile and often enjoyed fresh, dried, juiced, made into jam, or baked into desserts such as tarts. California, with over 9,000 acres planted, accounts for 95 percent of the nation's total apricot production.



ACTIVITY: YOU DON'T SAY...

Depending on your geographic location, many words are pronounced differently. Try saying the different pronunciations of the words listed below. Circle the one you regularly use and compare with friends and family.

Apricot
app-ricot
ape-ricot

Lawyer
loyer
law-yer

Bagel
bay-gull
bah-gul

Mayonnaise
may-uh-naze
man-aze

Pecan	
pee-KAHN	PEE-can
pick-AHN	PEE-kahn

Tour
tore
too-er

Crayfish
cray-fish
craw-fish

Caramel
car-ml
carra-mel

Syrup
sear-up
sih-rup
sir-up

Crayon	
cray-ahn	cran
cray-awn	crown

DID YOU KNOW?

MY PRECIOUS Apricot is Latin for “precious”. Many believe they earned this name because they ripen earlier than other summer stone fruits like peaches or cherries.

FRUITFUL TRAVELS Apricots are cultivated on every continent except Antarctica.



ACE'S JOKE OF THE MONTH



Q. WHAT DID THE FRUIT SAY WHEN IT SAW ITS BRANCH START BENDING?

SEE ANSWER BELOW